





## ES Mūžizglītības programmas

## Comenius daudzpusējais projekts "The treasure chest and ICT or ICT in reading and writing"

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## Easter traditions in my family

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Easter is very important for many people in many countries. And in different countries there are different traditions. What is more,often in one country people celebrate Easter differently. As we are Orthodox in my family,tha date of our Easter and catholic Easter sometimes differs.

Before Easter day we cook "IACXA" together and boil a lot of eggs and then colour them with onion peels. I think you would like to ask me "What "IACXA" is?"

"NACXA" is a traditional Easter dish among Orthodox people. "NACXA" is easy to cook, it consists mainly of curd. This dish simbolised the riserruction of Christ and therefore "XB" is always written on it which means Christ was raised. It is often cooked it in the form of a truncated pyramid.



In my family Easter eggs are not painted with chemical dyes. We colour eggs with onion peels.

When you boil raw eggs in water with onion peels, eggs become dark red. You can attach some dried flowers or herbs, then you get a naturally painted, beautiful and healthy eggs.

When cookingis done we go to the church. We are at church from 6:00 PM till 3:00 AM. It is always amaizing to be at Vigilia night.

After Vigilia we come back home and eat something. It is fast before Easter, therefore eating meat or something sweet is very nice.

On Easter morning everyone takes an egg and hits it agains other eggs. Then we all eat eggs with salt. When guests arrive they give us some gifts and presents, for example, chocolate rabbits. Parents usually give us - their children - chocolate eggs.

Easter is one of the best festivals in a year. Easter, spring. The nature is waking up, the birds return from warm countries, and that makes us so happy.