



ES Mūžizglītības programmas

Comenius daudzpusējais projekts „The treasure chest and ICT or ICT in reading and writing”

Līguma nr. 2013-1-BG1-COM06-00006 2

Grey peas with bacon (Pelēkie zirņi ar speķīti)

This is one of the most traditional Latvian dishes popular for the cold season. It has a guaranteed place on the Christmas table. They say that in the New Year's Eve everyone has to eat peas in order not to have tiers the next year. By this tradition not a single pea shall be left on the table! I remember how in childhood we were struggling with the big bowl of the peas that had to be eaten up! No wonder that every New Year began with a statement "no peas whatsoever anymore".

Avoid this mistake and ration the peas and you would appreciate the delicious taste of this very traditional Latvian dish!

Ingredients:

200g grey peas

smoked bacon

onion

salt

Preparation methods in the previous evening cover the peas with water. Next day cook until soft (add salt).

Prepare Bacon and onion sauce. Add the boiled peas to the sauce and fry four couple of seconds. Serve with Kefir.