





ES Mūžizglītības programmas

Comenius daudzpusējais projekts "The treasure chest and ICT or ICT in reading and writing"

Līguma nr. 2013-1-BG1-COM06-00006 2

Groats porridge "Bukstiņbiezputra"

Ingredients

- 1 cup of barley groats
- 1 cup of warm milk
- 1 medium size potato
- 500ml water
- salt
- 1 tea spoon sugar

Preparation method:

Peal the potato and cut into 5mmx5mm cubicles. Put in the pot barely groats, cut potato cubes, water, milk, add sugar and salt.

Cover the pot and put on low heat for 20 minutes. Switch off the heat and leave on the stove or other warm place for another 20 minutes.

Serve together with Bacon and onion sauce.

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